Care-team diary report

Recorded entries, made easier to review.

PERSON	Maya
HOUSEHOLD	River Household
PERIOD	Sep 06, 2026 - Oct 05, 2026 (30 days)
TIME ZONE	America/New_York

16 Meals logged

18/30 Days recorded

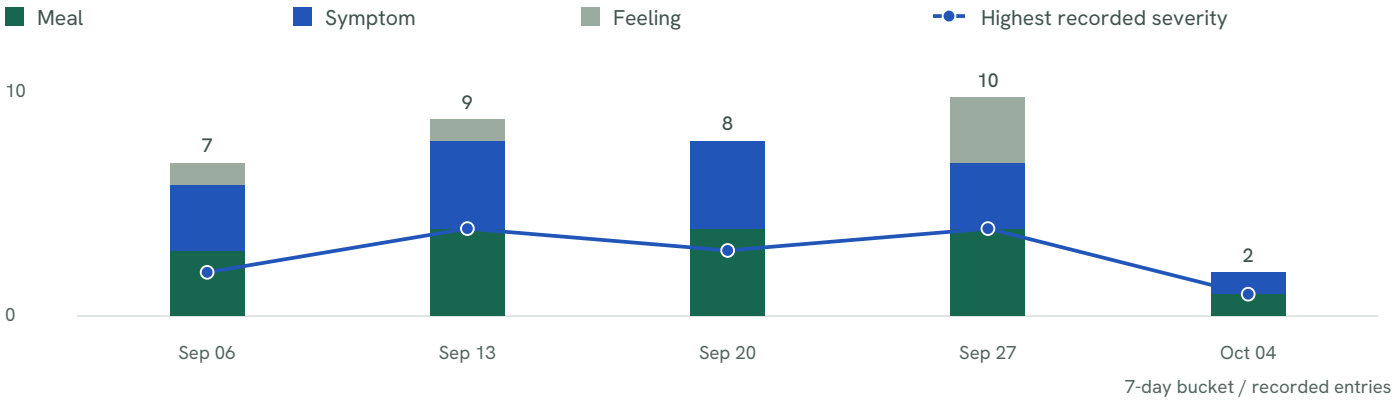
15 Symptoms reported

5 Feelings logged

62% Nutrition captured

Recorded activity

Bars show diary entries. The blue line marks the highest recorded symptom severity for days with a severity value. Days without entries are not symptom-free days.



7-day bucket / recorded entries

Nutrition captured

Portion and nutrient fields from logged meals.

62%

40 of 64 expected values recorded

24 values remain unknown

Selected diary entry

Oct 05, 2026 - Meal

Oatmeal and berries

Diary entry only. No linked food reference was supplied for this record.

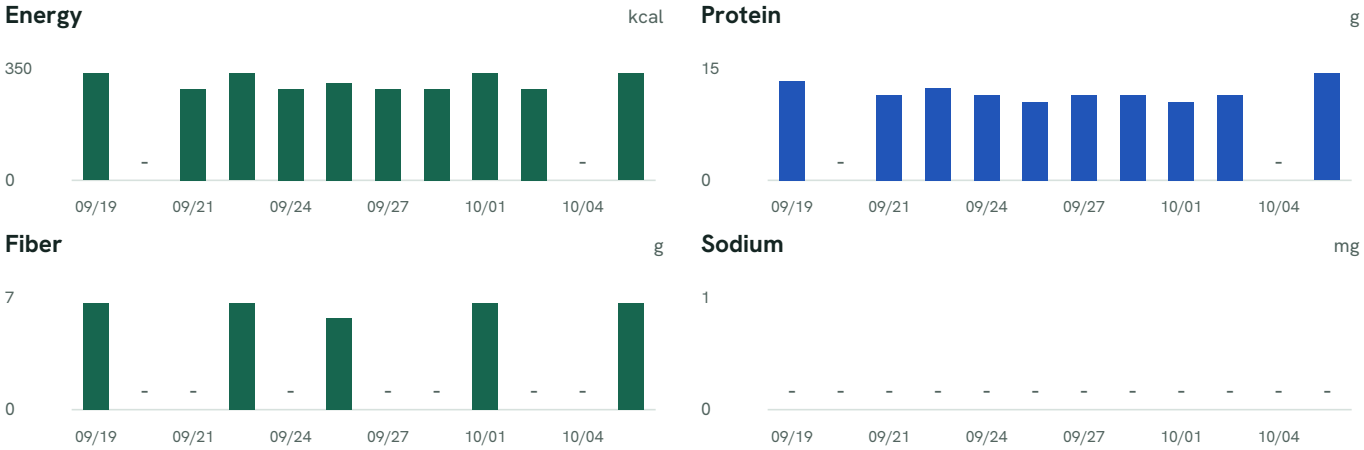
Energy 350 kcal Protein 15 g Fiber 7 g

Patterns in the record

A factual summary of the selected period. It does not establish a diagnosis or causal relationship.

Nutrition over recorded days

A dash marks an unknown value; an outlined dot marks a recorded zero.



Descriptive observations

- 16 meals were logged on 16 days.
- Symptoms were reported on 15 days; the highest recorded severity was 4/10.
- 62% of the selected nutrition fields were recorded for logged meals.
- Entries were recorded on 18 of 30 days; days without entries are unknown.

What to discuss

Use the record to decide what to notice or capture next.

- Review days with symptom entries and the surrounding context.
- Clarify any nutrition or portion fields that were not recorded.
- Decide what would make regular logging easier.

Reading this report

This two-page summary is based only on selected diary entries. Keep the original diary available for the full chronology and any details that need review.

For a care conversation: review what was recorded, clarify unknowns and decide what questions to explore next. This report does not establish a diagnosis or causal relationship.